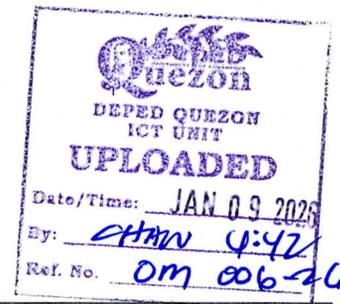




Republic of the Philippines  
**Department of Education**  
 REGION IV-A - CALABARZON  
 SCHOOLS DIVISION OF QUEZON PROVINCE



January 9, 2026

**OFFICE MEMORANDUM**  
 OM No. 006, s. 2026

**OBSERVANCE OF NATIONAL CANCER CONSCIOUSNESS AWARENESS WEEK**

**To:** Assistant Schools Division Superintendents  
 Division Chiefs  
 Section Heads  
 Public Schools District Supervisors  
 SDO Personnel  
 School Health Personnel  
 All Others Concerned

In reference to DepEd Order No. 12, s. 2025 entitled “Activities and Celebrations,” specifically Enclosure No. 3, this Office announces that **January is the National Cancer Consciousness Awareness Month**, which is **officially observed during the third week of January each year**.

Relative thereto, everyone is **encouraged to actively participate in the activities** aimed at promoting cancer awareness, prevention, and early detection. These activities aim to help personnel learn important facts about cancer, understand how maintaining a healthy lifestyle can reduce cancer risks, and remind everyone of the importance of early screening and timely medical consultation.

Listed below are the following activities for the said observance:

Date	Activities	Responsible person
January 5, 2026	Announcement of the Monthly Health Observance for January after the Flag Ceremony	Ma. Teresita M. Abella
January 12, 2026	Awareness and Education <ul style="list-style-type: none"> <li>• <i>What is Cancer? Common types in the Philippines, warning signs, and prevention.</i></li> <li>• <i>Myth vs Fact session</i></li> <li>• <i>Short video clips about cancer awareness and survivorship</i></li> </ul>	

DEPEDQUEZON-TM-SDS-04-010-005



Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon  
 Contact No.s: (042) 784-0366 | (042) 784-0164 |  
 (042) 784-0391 | (042) 784-0321  
 E-mail Address: quezon@deped.gov.ph  
 Website: <https://quezon.deped.gov.ph>



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2026	<ul style="list-style-type: none"> <li>• <i>No Softdrinks Day</i></li> <li>• <i>Move for at least 15 minutes (video clips shall be posted to SDO messenger for documentation) per office with Hashtag</i></li> </ul>	
January 16, 2026	<p>Wear a color day: Color guide for Cancer          One <b>group picture</b> will be taken for posting.          The group photo will be posted in the  <b>OK Sa DepEd Quezon (Oplan Kalusugan) Official FB page</b> with the following hashtags:</p> <p><b>#CancerAwareness</b>  <b>#OKSaDepEdQuezon</b>  <b>#WearTheColorSaveLives</b>  <b>#EarlyDetectionSavesLives</b></p> <ul style="list-style-type: none"> <li> <b>Pink-</b> Breast Cancer Awareness</li> <li> <b>Light Blue-</b> Prostate Cancer</li> <li> <b>Purple / Lavender-</b> All Cancers / General Cancer Awareness</li> <li> <b>Green-</b> Liver Cancer Awareness</li> <li> <b>Orange-</b> Leukemia Awareness</li> <li> <b>Red-</b> Blood Cancers (Leukemia, Lymphoma, Myeloma)</li> <li> <b>White-</b> Lung Cancer Awareness</li> <li> <b>Gold-</b> Childhood Cancer Awareness</li> <li> <b>Teal / Blue-Green-</b> Ovarian Cancer Awareness</li> <li> <b>Dark Blue-</b> Colon Cancer Awareness</li> <li> <b>Peach-</b> Uterine (Endometrial) Cancer Awareness</li> <li> <b>Gray-</b> Brain Cancer Awareness</li> </ul>	SDO personnel

Your participation helps raise awareness and shows solidarity with cancer patients and survivors.

Immediate dissemination of and compliance with this Memorandum are highly desired.

  
**ROMMEL C. BAUTISTA, CESO V**  
 Schools Division Superintendent

shsmtma01/09/25

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